

Living EASTER

Feast Days

The entire season of Easter is for feasting, but during this time there are also several saints & celebrations in the Church to celebrate too!



April 25: Feast of St. Mark the Evangelist

- St. Mark the Evangelist wrote the 2nd Gospel and is credited with translating the Gospel in Greek to evangelize to Gentiles. Learn more about St. Mark at catholic.org
- Read a passage from the Gospel of Mark, some options include when Jesus heals the paralyzed man (Mark 2:1-12) or the parable of the seed that grows itself, which only appears in Mark's gospel (Mark 4:26-29)



April 28: Feast of St. Gianna Molla

- Grab your crayons and markers and color a coloring sheet from [the Little Rose Shop](#) of St. Giana Molla
- Say a pray for doctors and mothers who work outside of the home
- St. Gianna famously prayed "whatever God wants". Reflect on what God wants for you today.



April 29: Feast of St. Catherine of Siena

- Feed the hungry by volunteering at a food pantry, making a donation, or organizing a food drive!
- Grab your crayons and markers and color a coloring sheet from [the Little Rose Shop](#) of St. Catherine of Siena
- Pray the [Litany of St. Catherine of Siena](#)
- Learn more about St. Catherine of Siena with the [Stories of Saints on YouTube](#)



May 1: Feast of St. Joseph the Worker

- Place an image of St. Joseph in a prominent place in your home
- Add a [St. Joseph prayer](#) to mealtime grace.
- May 1st is also International Worker's Day. St. Joseph is the patron of workers, offer up a special prayer for all workers through his intercession today.
- Going to the store today? Make an extra effort to say thank you to the store associates during your trip.



May 13: Feast of Our Lady of Fatima

- The Feast of Our Lady of Fatima is extra special for children, because Our Lady chose 3 special children to reveal herself to and share her secrets with. Kids can learn more about these apparitions from [ETWN's "Fatima Special"](#) on YouTube.
- The Little Rose Shop has many beautiful Marian coloring sheets for kids, including one of for the [Blessed Virgin Mary](#), a [Hail Mary](#), and a [Rosary](#) sheet.
- At Fatima, Our Lady called for a redemption of the world through the rosary. Pray the rosary as a family today, and spend some time discussing the Fatima prayer.
- Pondering upon the Miracle of the Dancing sun by completing a sun catcher craft. Catholic Homebody has a [simple tutorial on YouTube](#), but you can find many ideas online!



May 31: Feast of the Visitation of the Blessed Virgin Mary

- Pray the Joyful mysteries of the Rosary, or even just the 2nd Joyful mystery (which is the Visitation of the Blessed Virgin Mary!)
- Practice praying the Angelus, which is traditionally prayed three times a day at 6 AM, noon, and 6 PM.
- Take a meal to family with a new baby, in tribute of Mary's visit to her own pregnant cousin Elizabeth



June 1: Feast of the Ascension

- More fully participate in Sunday Mass by reading the Scriptural account of the Ascension beforehand ([Acts 1:1-11](#)).
- To teach younger children about the Ascension and heaven, check out "[My Time with Jesus - Ep. 31 - The Ascension of Jesus](#)" by EWTN on YouTube.
- Weather permitting, lie on your back in the grass and look up at the sky. Reflect on what it was like for Jesus' friends to watch him go up into heaven.
- This feast reminds us of our belief in the resurrection of our own bodies at the end of time. Do something intentional to care for your body like taking a walk or eating a healthy snack.
- In Jesus' absence, his friends hid in fear. Plan to give someone the comfort of your presence this week.